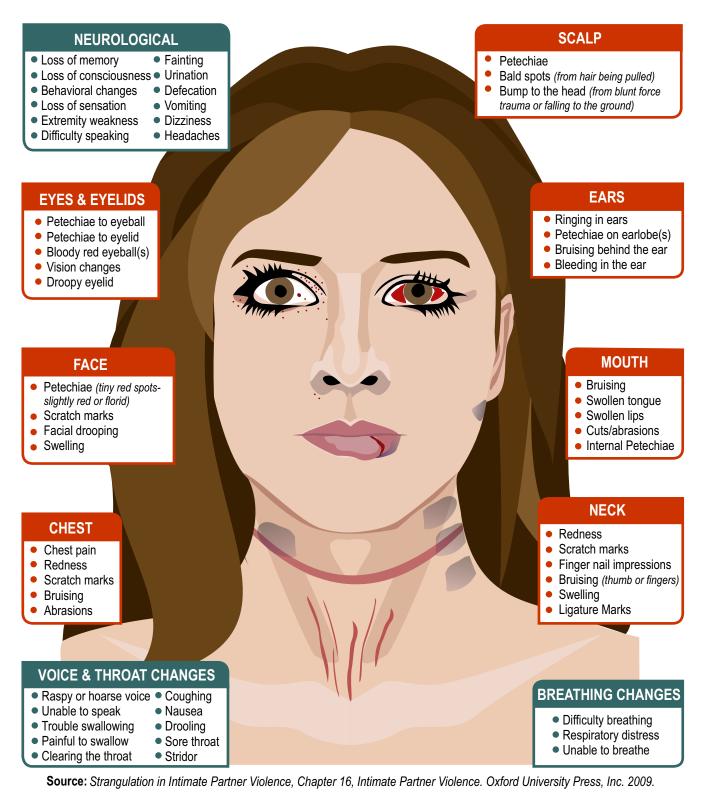
SIGNS AND SYMPTOMS OF STRANGULATION



TRAINING INSTITUTE OF STRANGULATION PREVENTION

Graphics by Yesenia Aceves



Victimology Assessment

Factual Information

- Age and Sex
- Physical features or traits (hair or eye color, height, weight).
- Basic family structure (mother, father, siblings).
- Marital Status
- Education Level
- Basic employment history (occupation history).
- Criminal History
- Medical History
- Disabilities and other physical attributes.
- Mental disabilities or impairment.

Subjective

- Engaging in gambling particularly high stakes.
- Their social economic level.
- Type of employment (especially if in a public type job such as waitress, convenience store clerk, nurse, salesman).
- Their sexual preference/orientation (hetero, homosexual, bisexual).
- Sexual history, multiple partners, extra marital affairs, or particular sexual interests.
- Marital Status (How Many)
- Children (How Many)
- Normal manner of dress.
- Hobbies
- Free time activities.
- Social Activities
- Family interpersonal relationships.
- Interpersonal relationships in business.
- If business owner: How is the business fairing?
- Business conflicts or problems.
- Personal or business bankruptcy?
- Friends and acquaintances and support system.
- Medical history, both current and previous.

- Mental health history current and previous.
- Prescription Medications.
- Last known activity.
- Participation in religious events/activities.
- Do they engage in any high risk activity? (i.e. Hitch hiking, drug usage, multiple sex partners.)
- Do they engage in any high risk leisure activities? (i.e. White-water raftering, parachuting, rappelling.)
- Have they been victims of crime before?
- Do they participate in internet social networks or dating sites?
- Do they carry a large amount of life insurance?

General High Risk

- Personal use/abuse of alcohol or drugs.
- Involvement in criminal activity.
- Working where there is cash money around.
- Multiple short term sexual partners.
- Hitch hiking.
- Working within the public view (nurse, waitress, cashier).
- Living an alternate lifestyle.
- Associating with known criminals.
- Participating in criminal activities.
- Living in a high crime area.
- Participation in internet dating.
- Engaging in extra marital affairs.
- Engaging street prostitutes.
- Engaging in high risk leisure activity.

For Females:

- Dating history and marital status?
- Current and past employment?
- Outgoing personality or shy and withdrawn?
- Do they present an outward appearance of confidence or uncertainty?



Victimology Assessment

- How do they dress; sexy, alluring, and revealing or conservative and low key?
- Questions may also have to include their sexual history and sexual interests. Heterosexual, homosexual, or bi sexual?
- Are they conservative or promiscuous?
- Other similar questions would have to be based on the specifics of the particular crime

For Males:

- Employment current and past?
- Alcohol and drug involvement?
- Military experience?
- Marital status and dating history?
- Any history of extra marital affairs?
- Are there any problems at home, work, or personal life?
- What is their social economic status and financial situation?
- What is their physical stature, manner of dress, and sexual orientation?
- If homosexual are they aggressive or passive?
- How would they respond to challenges or threats?
- Would they be considered as aggressive or non-aggressive?

For Young Children:

- Are they a dependent or independent personality type?
- Are they outgoing and warm to strangers, or shy and fearful?
- Do they easily make friends and playmates or have difficulty establishing peer relationships with someone of their own age?
- Living conditions- single parent (which one) or both parents in home?
- Was child's parent living with 'nonmarried partner' or multiple nonmarried partners?
- Presence of other children in the

home?

- Family economic situation; use of drugs or alcohol in house by parents?
- Could the child be easily manipulated by an adult?

For Teenagers: Teens are somewhat different because they are at the stage in life where they are more mature than children, but do not yet have the life experiences of an adult. Therefore, their victimology is actually somewhat more complicated than adults and may require additional questions. Such as:

- What is their maturity level and is it age appropriate?
- Do they have a dependent or independent personality?
- Are they outgoing or shy?
- Do they have age appropriate friends or generally older friends?
- Do they actively engage in on line social net working?
- Do they have cell phones with texting abilities?
- Do they participate in school activities and what is their grades/success in school?
- Are there disciplinary or school attendance problems?
- What is their current dating status?
- Do they have boyfriends or girlfriends or any "romance" problems?
- Any other problems at school?
- "Teen age" problems at home or with other siblings?
- What were some recent events in their lives?
- Plans for the future?
- Do they engage in high risk behaviors such as drug and alcohol abuse?
- General reputation for truth telling.

Rapist Typology

Power Reassurance-81%

- Purpose:
 - To resolve self doubts by reassuring himself of his masculinity with no real intent to harm victim.
 - Enjoys the sense of power.
 - Even if only temporary.
 - · Feels inadequacy towards women.
 - · But finally he is in charge!

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Power Reassurance

- Often called the Gentleman Rapist- because there is no desire to harm the victim.
- · Typically spends short time with victim
 - Does not have the confidence or social skills to interact with a woman for any length of time.
 - May stay longer if victim is especially compliant
 - May caution the victim about leaving the door open
 So some stranger doesn't come in and try to hurt her.

Power Reassurance

- These are premeditated planned events.
- Typically this offender <u>targets</u> several victims in advance.
 - Then selects those who are available.
 - Victim#1 not available, then goes victime#2

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Power Reassurance

- Strikes when preselected Victim is alone or has small children.
 - Uses surprise approach.
 - Minimum force used.
 - May use vague threats towards younger children.
 - Little use of profanity.
 - Victims usually within his own age group (+/-) four years.

Power Reassurance

- Enters through unlocked door or window, rather then forced entry.
 - No confrontation sought with victim.
 - · Outside surveillance prior to striking.
- Uses a weapon of opportunity.
- Typical verbal behavior is instructive and inquisitive

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Power Reassurance

- Highly ritualistic offender.
 - · Basic fantasy: consensual/romantic sexual relationship with the victim.
- Mood during assault is anxious- sexual dysfunctions are
 - Erectile dysfunction and/or premature ejaculation.
- · Least violent of all offenders.
 - May dislike what he does.
 - Concerned he will eventually hurt a victim.

Power Reassurance

- Typically displays unselfish behavior towards the victim.
 - The only offender to display unselfish behavior.
- · However, the more passive the victim, the more they will demand, the longer they will spend with victim.

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Power Reassurance

- · May demand verbal activity from victim.
 - Scripting
 - · "Tell me you want me, love me, need me"
 - "Tell me you like it."
 - · "Asks" victim to remove her clothing rather then makes demands.
 - Generally tries to get victim involved or to participate in the assault.
 - Feeds consensual/romantic fantasy.

Power reassurance

- If victim resists, he is likely to negotiate, threaten, drop the demand, or flee.
 - · Basically will do what victim allows.
 - Part of his fantasy aspects is consensual sexu
 Would like to believe the victim enjoyed it.

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Power Reassurance

- May engage in other low level, non-confrontational crimes.
 - · Residential burglary, but no theft.
 - Theft of clothing.
- Participate in online chat room.
 - · Online you can be anyone you want to be.

Power Reassurance

- · May keep a journal.
- · Often takes a souvenir.
- May be known as the "Gentleman Rapist"
 - · Because generally there are no physical assaults associated with the assaults.

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Power Reassurance

- Two unusual occurrences with this offender:
- · Likely to apologize to the victim.
 - Feels guilty about what he did.
- May actually try to recontact victim at a later time.
 - Telephone, letters, email, text, SNAPCHAT, FACEBOOK, or other medium.
 - May attempt to arrange another meeting.
 - May show back up if invited.
 May return any stolen property.

Power Reassurance

- Will continue with attacks every 7-15 days- very prolific
- Assaults will continue until he's captured.
- · Will attack in his own residential neighborhood.
 - · Normally stays within comfort zone.
 - · Residence, school, work.

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- One case suspect attacked in area where his grandmother lived but he spent a lot of time in that neighborhood.
- · So it was also his comfort zone.

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Power Reassurance

- If interrupted or if challenged, may immediately attempt another assault.
 - If the attack was not successful, its possible for additional victims within the same general area.
 - Within hours or minutes of the initial assault.
 - Maybe assaulting 2nd victim when you're investigating the 1st complaint.
 - Get mobile patrols out in general vicinity and flood the area.
 - F.I. males walking around or riding a bicycle.
 - Remember these victims are specifically targeted.

Power reassurance

- Usually travels by foot or bike.
- · Slight increase in aggression as attacks continue.
 - · Will improve with each offense.
 - Less likely to negotiate in later offenses.
 - As they gain experience and confidence.

15 16

Power Reassurance-Profile

- Single- lives alone or with parents.
- · Domineering mother.
- Low self esteem.
 - Under-Achiever
 - Gentle, quiet, passive
- Loner-loser.
 - Solitary past times
 Watch TV
 - Surf Internet
- Little pride in appearance.

- Non-Athletic
- Nocturnal- walker
- If prior military was unsuccessful
- Employment
- Menial job- Nights
- Lives nearby victims
- If car not in good shape
- Engages in B & E, peeping Tom offenses other nuisance offenses.
 - Police record likely.

Power Reassurance

- If involved in a dating or marital relationship- they will likely be younger or less mature.
 - Not emotionally equipped to handle his own age.
- Adult bookstore patron (on-line).
 - Collects pornography- but will lack a theme (Bondage, S & M).
- Is a 1-900 telephone user or internet porn sites.
 - Poor interpersonal skills.

Power Reassurance Post Offense conduct

- Guilt feelings over incident
 - Especially immediately afterwards
 - Family- noticeable mood changes
 - Will dissipate over time
- Increase in alcohol and drug use.
- May miss work or school (up to 3 days)

Power Assertive

19 20

Power Assertive- 12%

- Purpose:
 - · Need to prove his virility. He sees himself as a man's man.
 - Simply exercises his right as a male to have sex when ever he wants to have sex.
 - Lives with a basic sense of entitlement.

Power Assertive

- We see this type of offender in the military often.
 - Senior NCO targeting junior enlisted.
- Low to moderate impulsivity.
 - Most assaults are not planned
 - Often meets victims are bars or parties

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Power Assertive

- Most likely to find in spousal or Date Rape type situations.
 - Including alcohol related incidents.
- Does not take no for an answer.
- Limited fantasy
- Operates with a sense of entitlement.
 - I deserve whatever I want.

Power Assertive

- Able to interact with people –able to use the Con approach.
 - Quite charming until......
- Generally selects victim within 4 years of his own age +/-
- Assaults between 7 PM and 1 a.m. away from where he lives or works.
 - Outside of comfort zone.

Power Assertive

- For date rape situations-
 - Will demand sex first date, first time they meet.
 - For them, sex is expected.
 His right as a macho man.
 - · Force likely if resistance is met.
 - But if they happen to get it consensually- will never go back for
 - Selfish sex- typical 68.

Power Assertive

- He gives demands not requests. Language often abusive, filled with obscenities.
- · No concern for victim, may tear off her clothing to overcome resistance.
- · Moderate use of force.
 - Resistance met with slaps, hits, curses and threats.
 - But, only enough to overcome resistance.
 - But, if not needed, doesn't use.

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Power Assertive

- · Location of the assault is wherever he happens to find
- Weapon is fist or something normally carried.
 - · Pocket knife.
- · Multiple sexual assaults possible.
 - Vaginal
 - Anal assault.
 - Domination over females.

Power Assertive

- After assault- will expresses little concern, empathy, or interest for victim.
 - Will "Date rape and run."
 - It will be her fault for not cooperating.
 - She should be grateful for the attention.
 - · Would push victim our of a car and leave/abandon the victim nude to fend for herself.

28 27

Power Assertive

- There will be no attempts at re- contact with the victim.
 - · Why should he? He's done.
 - She wasn't worth it anyway.
 - "Bum lay "
- No set pattern 20-25 days between assaults.
 - Some assaults are planned.
 - Many are situational.

Power Assertive

- · Not as prolific as Power Reassurance.
 - · Will rape when he feels he needs a woman.
 - If one is available (situational)
- Minimum interest in pornography.
 - No specific theme.
- · Sexual Dysfunction is very likely.
 - Retarded ejaculation.

Power Assertive - Profile

- MACHO
 - Exercises regularly.
 - Athletic
 - Image and appearance very important.
- Drives macho car.
- Hangs out in bars.
 - Drinks macho drinks.
- Macho blue-collar job.
 - Construction
 - Police
 - Military

- Multiple marriages
- Self Centered and selfish.
 No criticism allowed
- Brags about "conquests."
- Openly hostile to Homosexuals.
- · Assaultive behavior.
 - Police Record
- Father behaved the same.

Post Offense Conduct

- May or may not have guilt feelings.
 - If so, they will fade fast.
- · Would be able to justify his actions to himself.
 - He deserved it (Sex), they (victim) needed it (Sex)
- What's the problem?
- May increase alcohol intake immediately following the incident.

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Post Offense Conduct

- · Likely to brag to bar room buddies.
- This is his downfall.
 - Victory over a female is not a real victory unless someone else knows about it.
 - This is their weakness.

Anger Retaliatory

Actually low percentage of offenders, but we hear more about them in the media.

33 34

Anger Retaliatory- 5%

- Purpose-
 - To degrade and humiliate women in general-
 - Wants to hurt women, to get even, using sex as a weapon
 - For some real or perceived injustices to him by women
 - Victim may or may not resemble or symbolically represent certain woman

Anger Retaliatory

- Openly hates women and wants to punish them.
 - Not necessarily a particular victim; but just woman in general.
 - This is seen in their normal life as well.
- Offender is very unpredictable can be aggressive towards males also.
 - There is a rage expressed during attacks.
 - Attacks are marked with violence.

Anger Retaliatory

- · You've probably have seen this guy before.
- · Domestic assaults.
 - Other assaultive behavior.
 - Fights etc

Anger Retaliatory - MO

- · Spontaneous or impulsive attack-
 - · Anger- based on life stressors.
 - · No real pre-planning.
 - No time geographic or time frame preference.
 - Victims are usually at the wrong place at the wrong time.
 - Weapon of opportunity.
 - Blunt force weapon preferred.
 - · Alcohol used prior to incident to release inhibitions.
 - Often occurs in his own comfort area.

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Anger Retaliatory - MO

- Uses <u>Blitz</u> style approach more than any other type offenders.
 - Sudden violent attack, day or nighttime.
 - Will rip or tear clothing.
 - Violence will be a large part of victim statement.
 - Little or no interaction with victim.
 - Basic inability to deal with women normally.

Anger Retaliatory

- Highly Impulsive offender.
- Fantasy plays less of a role with this offender then any other.
- Sexual behavior is extremely selfish.
 - Sexual assaults if they do take place are brief.
 - Foreign object insertion possible.
 - In painful manner.

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Anger Retaliatory

- Spends relatively short period of time with victim.
- Sexual assaults marked by violence.
 - Typically does not sadistically torture.
 - No interest in observing injuries.
 - Anal sex followed by oral sex.
 - As a means to humiliate the victim further.
 - May masturbate and ejaculate in victim's face.
 - Goal is to degrade and humiliate the victim.

Anger Retaliatory

- Force is often excessive.
 - Because <u>ANGER</u> is the driving force behind this offender.
 - Force used is typically <u>beyond</u> what is needed to overcome any resistance or maintain control.
 - Passive resistance- multiple punches.
- Physical assaults, are possible before, during, and after sexual assaults.
 - Fists, blunt objects- items present at scene.
 - Facial injuries sometimes excessive.

Anger Retaliatory

- The victims
 - Normally-the same age range or slightly older than offender-
 - · Generally not elderly however,
 - Children are possible, but not preferred

Anger Retaliatory- Profile

- High School dropout
- Loner
- Alcohol abuser
- Action orientated job
- · No pornography interest
- Military unlikely
 - Would be unsuccessful
- Violent/quick temper
 - Arrests for assault
- ArgumentativeConflicts in marriage
 - Multiple affairs
 - Domestic Abuse
- Multiple marriages
 May have undergone court
- ordered counseling or mental

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Anger Retaliatory Post Offense Behavior

- Mood changes noticed by co-workers, family, and friends.
 - · Anxious paranoid mood.
 - Likely to be less anxious with more success.
- Most likely to miss work or school.
- Compare and contrast attendance and event dates.
- Likely increase alcohol and drug use.

Anger Excitation

Although this is the smallest group of offenders it is the most documented, researched, and has the most famous offenders.

45 46

Anger Excitation- 2%

- Purpose- Sexual gratification comes from inflicting pain and observing the results.
 - Sexual Sadist.
- These are the dangerous guys.
- Roy Hazelwood describes them as.
 - The Great White Sharks.
 - They are constantly on the prowl for victims.
 - Most serial murders are sexual sadists.

Anger Excitation or Sexual Sadists

For this type of offender you must understand the concept of sadism-

Best described by a serial rapist and murder: James Mitchell Debardeleben

Sadism

"Sadism: The wish to inflict pain on others is not the essence of sadism. One essential impulse: to have complete mastery over another person, to make him or her a helpless object of our will, to become her God, to do with her as one pleases. To humiliate her, to enslave her are a means to this end, and the most important radical aim is to make her suffer since there is no greater power over another person than that of inflicting pain on her to force her to undergo suffering without her being able to defend herself. The pleasure in the complete domination over another person is the very essence of the sadistic drive."

DeBardeleben

Anger Excitation

- Premeditated Offenses-extremely Ritualistic.
 - Actions are Fueled by fantasy.
 - More so then any other type offende
 - Unbelievable amount of time, energy, effort and money spent on fantasy.
 - Unbelievable how well documented.
 - Fantasy often includes sexual torture and murder.
 - This is why sexual homicides and serial homicides should be investigated as sexual crimes.
 - Because they are sexual offenders.

49 50

Anger Excitation

- Constantly learning, adapting, and improving the fantasy.
 - But the actual incident never adds up to the fantasy, so they keep on trying to get it right.
 - · They learn from each experience.
 - These are also the successful serial murders.
 - Hillside Stranglers
 - Charles Eg and William Lake
 - Ted Bundy
 - Gary Ridgeway

Anger Excitation

- Crimes are often committed a long way from home.
- They love to drive; it gives them freedom.
- Can operate easily outside their comfort zone.
- "Episodic attacks."
 - Depending on Stressors.
 - · No real pattern.

51 52

Anger Excitation MO

- Cruises for victims.
 - · Constantly on the hunt.
 - Victims typically females, (Some males)
 - Often victims of opportunity.
 - Prostitutes
 - Victim of choice.
 - High risk victim, low risk for offender.
 - Rarely targets children.
 - Victim may resemble significant person.
 - Ted Bundy victim type

Anger Excitation MO

- Approach most used- the Con.
 - Offenders are socially adept.
 - · Look and act "normal" Joe Average.
 - Able to employ a ruse or impersonation.
 - Requests assistance from victim.
 - Offers assistance to victim.
 - Repairman- salesman.
 - Police or security officer.Potential employer.
 - Internet.

Anger Excitation

- Restraints are likely used by Sadistic offenders.
 - To control victim.
 - Also as torture or as part of the assault.
 - Many times the bindings are very intricate.

Anger excitation- MO

- · Offender is well prepared.
 - Rape kit.
 - Maybe extensive and elaborate
 - More so then any other offender
 - Brings weapon of choice-
 - Knife-ligatures
 - Vehicle may have been modified to help in assaults

55 56

Anger Excitation

- Uses commanding and degrading language.
 - · Clear demonstration of control.
 - Voice –speech patterns are often non-emotional, instructional and practiced.
 - Based on fantasy scenario.
 - Will often tell victim in detail what is going to happen.
 - Scripting type conversations.
 - Master- Slave type relationship.
 - Adding to the fear and suffering of victim.

Anger Excitation

- These offenders are different from the other 3 offender types.
- Gratification comes from prolonged torture and observing the victim suffering.
- Therefore victims may be kept for hours, days, even weeks.
- Victims often photographed, video, recorded.

57 58

Anger Excitation

- Offenders may actually bring a captive victim to his own
 - Nature of crimes requires isolation.
 - Special room and equipment will be prepared.
 - If married-Wife and family on vacation.

Anger Excitation Forensic findings

- This offender most likely to murder victims following the sexual assaults.
- Look for multiple crime scenes.
 - Abduction site, vehicle, torture death scene, body dump.
 - Many times they purposely cross multiple jurisdictions.
 - They are able to operate outside of their comfort zone.

Anger Excitation Forensic Findings

- Offender may engage in sex before, during, and after death of victim.
- Evidence of forced oral, vaginal and especially anal rape.
 - Foreign object penetration.
- All committed in painful way.

Anger Excitation-Forensic findings

- Focus of physical attacks tend to be on the sexual organs.
- Cutting, stabbing, biting of breasts and buttocks.
- Sexual fluids often present.
- Ligature marks common.

61 62

Anger Excitation Forensic Findings

- Asphyxia common cause of death.
 - · Ligature, manual strangulation, hanging or suffocation
- Sharp force
 - Stabbing, cutting

Anger Excitations Forensic Findings

- · Offender will often revisit the body dumpsite.
 - "Symbolically roll in the dirt."
 - · Relive the victory and excitement.
 - Check on police progress.
 - To further assault the victims
 - Green River Killer

63 64

Anger Excitation Profile

- White male-30's
 - Usually older than most offenders.
- Maybe married with children
- Outgoing well liked
- Narcissistic
- Above average IQ
- · White collar job
- Public contact occupation
- Described as compulsive
- · No mental care history
- Anti Social Behaviors
- No arrest record

Anger Excitation Profile

- Often a police buff
- Car/Van Family type
 - Well maintained
- Drug and alcohol abuser
- Dog would be Doberman or Shepard
- Outdoorsman, survivalist
- Would do well in military

PSYCHOPATHIC PERSONALITY

- REALISTIC VIEW:
 - Impulsive
 - Parasitic lifestyle
 - No Remorse / Guilt
 - No Loyalty
 - Liar
 - Insincere • Lacks Emotion
- Unreliable
- Egocentric
- Callous
- Cruelty
- Amoral character
- · Macho and braggart
- Egotistic (selfish)

Anger Excitation-Profile

- Collects bondage and S & M, and detective magazines
- Has Rape kit
- Anally fixated
- Wife=Slave
- Girlfriend=Not controlled

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Anger Excitation

- Will follow progress of investigation.
- · May collect:
 - Newspaper clippings, TV news recordings.
- May alter MO based on news paper reports.
- · Will grow bolder become more self confident with each victim.
 - This will be down fall.

Review

- OK we have covered a lot of material
- The four main offender types.
 - Power reassurance
 - Power assertive
 - Anger Retaliatory
 - Anger Excitation
- Two others- opportunistic and multiple offenders.